

Woodfrog Bakery Toast		6.9
Sourdough / pumpkin grain / spiced fruit / gluten free Vegemite, peanut butter, honey, jam, marmalade, Nutella		
The Kids Only	GF	7.5
One egg any way, bacon & toast		
Eggs Any Way on Toast	GF	9.5
Poached, scrambled or fried		
Bircher Muesli		16.5
Triticale, apricot, apple, lemon balm, chia, strawberries, roasted almonds & elderflower pearls		
Porridge	V	16.5
Raspberry compote, watermelon foam, freeze dried raspberries, passionfruit & mango gel w/ mixed almonds, coconut, pumpkin & sunflower seed granola		
Twice Bakes French Toast		19.5
Crème patissiere, stewed apple & rhubarb, pistachio & baked pear		
Brekkie Tasting Board		16.5

Bircher muesli jar, orange juice, toast, avocado, Meredith feta & a poached egg

* Sorry, no changes to this dish *

> Add bacon or chorizo \$4.5

Chilli Scrambled Eggs

GF 16.5

Fried chilli & soybean scrambled eggs on toast, pickled mixed mushrooms, crispy shallots, chilli threads, coriander shoots & chilli oil

> Add ham hock \$5.5

Three Bags Benedict

GF 20.5

Poached eggs on a truffled rosti with green hollandaise, apple cider ham hock & herbs

Veggie Breakfast

GF 20.5

Eggs any way on toast, roast tomato, roast mushrooms, avocado, spinach & relish

Big Breakfast

GF 22.0

Eggs any way on toast, chorizo, bacon, roast tomato, roast mushrooms, avocado & relish

Eggs in Hell

GF 19.9

Grilled polenta, spicy chorizo ragu, basil, two poached eggs, fior de latte & chemicurri

Breakkie Brioche	GF	15.5
Choice of roast mushrooms or bacon – w/ a fried egg, cheese, rocket & Pebre salsa		
Smashed Avocado	GF	19.5
On toast, Meredith Feta, cherry tomatoes, grilled corn & quinoa salsa, spring onion & basil pistou		
Citrus & Herb Cured Atlantic Salmon		20.5
Pea/feta/corn fritter, avocado, rocket, dill sour cream & lemon		
Green & Grains	V	18.5
Red & white quinoa, cooked & raw greens, freekah, cherry tomatoes, chia, almonds, goji berries & grapefruit vinaigrette		
> Add grilled chicken \$3.50		
Sweet Potato & Carrot Fritters		19.5
Two poached eggs, whipped goats curd, shaved pickled fennel & pomegranate salad, almond dukkah & herb oil		
Pulled Lamb Flatbread	GF	19.5
Pumpkin humus, shanklish, shaved carrot, snow pea tendrils, pomegranate & black sesame		

Chicken Katsu Sub 19.5
Cashew & peanut crusted chicken tenderloins, chilli
pickled cucumber, shaved carrot, spring onion, coriander,
radish & katsu mayo

Crispy Pork Belly Burger GF 21.5
On brioche with pickled chipotle Spanish onion, jalapeño
pesto, rocket, American Black Jack cheese & truffle chat
potatoes \$3.5

Something Extra

Tomato relish / toast / one egg / spinach / roast tomato / green
hollandaise 2.9

Roast mushrooms / goat cheese 3.9

Parmesan & truffle chat potatoes / avocado smash 4.9

Chorizo / bacon / grilled haloumi / lemon & herb chicken 5.5

Citrus & herb Atlantic salmon / ham hock 6.9

Coffee

Espresso

House Blen – Major Blazer

Single Origin (refer to specials)

Filter Coffee

Refer to specials

New Fashioned

Cold brew – snap infused with orange zest, raisin sweetness & star anise twist

Tea

Black

4.5

Good morning, Earl Grey, Chinese golden monkey

Green

4.5

White peony (Chinese white), Jungle green oolong, Jasmine pearls

Herbal

4.5

Lemongrass & ginger, Peppermint, Chamomile flower

Chai Latte

4.5

Chai Tea

4.5

Hot Chocolate

4.5

Smoothies

Banana	8.9
Banana, yoghurt, ice cream, honey, cinnamon & milk	
Green (df)	8.9
Spinach, apple, pear, celery, avocado, cucumber, mint, lemon juice & maple syrup	
Strawberry	8.9
Strawberries, yoghurt, ice cream, housemade strawberry syrup & milk	
Mixed Berry (df)	8.9
Raspberries, blackberries, blueberries, strawberries & apple juice	

Drinks

Fresh Juice	8.5
1. Carrot, celery, beetroot, lemon & ginger	
2. Watermelon & passionfruit	
3. Pear, cucumber, lemon & mint	
4. Apple, watermelon, lime & vanilla	
5. Fresh orange juice	
Milkshakes	7.0
Vanilla, caramel, chai. Chocolate, malt, nutella, strawberry	
Iced Chocolate or Coffee	7.5
Organic Bottled Juice	4.5
Mango, Passionfruit & Apple	
Peach, Raspberry & Apple	
Guava & Apple	
Organic Carbonates	4.5
Ginger Beer, Cola, Lemonade, Lemon lime & bitters	
House Made Soda	7.0
V.P.L (vanilla bean, passionfruit & lime) & mint	
Water Antipodes 500ml Sparkling	4.0