

three bags bowls \$10.9

Base	Steamed quinoa & farro	
(choose 1)	Brown rice (gf)	
	Soba noodles (gf)	
Sides	Spiced roast cauliflower	
(choose 4)	Smashed avo	
All gf & vg	Pickled red cabbage	
	Basil marinated tomatoes	
	Seasonal greens	
	Roast sweet potato	
	Edamame beans	
	Raw beets	
	Corn & blackbean salsa	
	Pickled carrot	
	Chilli broccolini w/sesame	
	Spinach hummus	
	Extra side:	+ 2.5
Dressing:	House vinaigrette (gf,vg)	
	Ponzu (VG)	
	Garlic tahini (gf,vg)	
Protein:	Poached egg	+ 1.5
	Chicken cold	+ 3
	Chicken hot	+ 3.5
	Tofu	+ 3.5
	Haloumi/feta	+ 4.5
	Smoked salmon/tuna	+ 5.5
Toppings:	Almond dukkah	+ 1.5
	Mixed nuts&seeds	+ 2