



**VIEW OUR PHOTO MENU**

AT [WWW.MRYUM.COM.AU/THREEBAGSFULL](http://WWW.MRYUM.COM.AU/THREEBAGSFULL)



OR HOVER YOUR PHONE'S CAMERA OVER THE QR CODE TO LAUNCH IT.



**NO QR APP REQUIRED!**

**WOODFROG BAKERY TOAST 7.5**

Sourdough / pumpkin grain / gluten free add \$1  
 > Spiced fruit toast add \$2  
 Vegemite, peanut butter, honey, jam, marmalade, nutella

**THE KIDS ONLY 7.5**

> One egg any way, bacon & toast  
 > Hotcake w/ maple syrup (not GF)

**BIRCHER MUESLI 16.5**

Triticale, apricot, apple, strawberry, honey labneh, chia, roasted almonds, elderflower pearls, freeze dried raspberries & lemon balm

**ICED ACAI PARFAIT 16.5**

Granola, pineapple & lime gel, dragon fruit, passionfruit coulis, charred pineapple, toasted coconut

**TWICE BAKED ESPRESSO FRENCH TOAST 19.5**

Nutella crème patissiere, coffee gel, cherry compote, bruleed banana

**BREKKIE TASTING BOARD 18.5**

Bircher muesli jar, orange juice, toast, avocado, Meredith feta & a poached egg  
 > Add bacon \$4.5

\* Sorry, no changes to this dish \*

**GLUTEN FREE**



DISH CAN BE GLUTEN FREE WHEN REQUESTED!

**VEGAN**



DISH CAN BE VEGAN WHEN REQUESTED!

**LEMON MERINGUE PIE HOTCAKES 21.5**

Ricotta hotcakes, lemon curd, blueberry compote, shortbread biscuit crumb, meringue, micro sorrel

**CHILLI SCRAMBLED EGGS 19.5**

Fried chilli scrambled eggs on toast, with soybeans, pickled shiitake mushrooms, crispy shallots, chilli threads, coriander & chilli oil  
 > Add bacon \$4.5

**STEAK HUEVOS RANCHEROS 22.0**

Cape Grim hanger steak, fried corn tortillas, salsa roja, roast corn and black beans, avocado, jalapeno puree & a fried egg

**BIG BREAKFAST 24.0**

Eggs any way on toast, Three Bags snag, bacon, roast tomato, roast mushrooms, spinach & relish

**KING OYSTER MUSHROOMS 20.5**

Grilled king oyster mushrooms, broad beans and peas on toasted rye, pickled cucumbers, sour cream, watercress, salted ricotta, poached egg

**THE BENNY 22.0**

Mac and cheese croquette, crispy pork belly, poached eggs, BBQ hollandaise, pickled jalapenos, crackling

**LOADED AVOCADO TOAST 19.5**

Smashed avocado, heirloom cherry tomatoes, chipotle pickled red onion, Meredith feta, charcoal & walnut dukkah, fresh basil, walnut oil & smoked sea salt  
 > Add a poached egg \$1.5  
 > Add bacon or haloumi \$4.5

**BREKKIE GREENS 19.0**

Blanched seasonal greens, burrata, fresh figs, salsa verde, preserved lemon, crispy kale, poached egg, toasted buckwheat

**\*NO CHANGES TO THE MENU ON WEEKENDS... SORRY!**

**WE HAVE A 10% WEEKEND SURCHARGE BECAUSE WE PAY OUR STAFF CORRECTLY**

**SUPER BOWL 18.5**

Farro, mixed quinoa, cooked & raw greens, roast cauliflower, goji berries, cherry tomatoes, chia, toasted almonds, pickled sultanas, pepita & spinach hummus & pomegranate dressing  
 > Add chicken \$4.5  
 > Add smoked salmon \$5.5

**OKONOMIYAKI 20.5**

Japanese style pancake with wombok and spring onion, Enoki mushrooms, pickled ginger, bonito flakes, nori, kewpie, shiso  
 > Add crispy pork belly \$5.5

**KOREAN FRIED CHICKEN BRIOCHE 20.5**

Gochujang glaze, kimchi & wombok slaw & alfalfa sprouts  
 > Add chilli salt fries \$3.5

**THAI BARRAMUNDI 21.5**

Seared Barramundi, green papaya salad, Thai dressing, chilli aioli, crushed peanuts, coriander

**EGGS ANY WAY ON TOAST 10.9**

Poached, scrambled or fried

**SOMETHING EXTRA**

Tomato relish / Toast / One egg / BBQ hollandaise ..... 2.9

Roast mushrooms / Spinach / Roast tomato ..... 3.9

Chilli salt fries / Avocado smash / Meredith feta ..... 4.9

Bacon / Grilled haloumi / Za'atar & lemon chicken / Three Bags snag ..... 5.9

Smoked salmon ..... 6.9

**- WINE -**

**- SPARKLING -**

En Vie Sparkling	Yarra Valley, VIC	9.5/42
Zontes Footsteps Prosecco	Fleurieu Pen, SA	9/40

**- WHITE -**

Muna Muna Sauvignon Blanc	Marlborough, NZ	8.5/36
Little Goat Creek Pinot Grigio	Marlborough, NZ	9/39

**- PINK -**

Bouchard Aine Fils	Burgundy, France	9.5/41
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**- RED -**

Lightfoot & Sons Pinot Noir	Gippsland, VIC	11/48
Springseed Shiraz	McLaren Vale, SA	9/41

**- BEER & CIDER -**

**- CIDER -**

Flying Brick Original	Bellarine Peninsula, VIC	9
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**- TAP BEER -**

Ask our friendly staff for rotating options	6/9/12/22
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**BLOODY MARY / MIMOSA** 11/7  
**ASK ABOUT OUR COCKTAILS**

**- SOFT DRINKS -**

**KOMBUCHA**

Original, Lemon & ginger	6.0
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**ORGANIC CARBONATES**

Ginger Ale, Lemonade, Cola, LLB	4.5
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**WATER**

Antipodes sparkling 500ml	5.5
Beloka still 500ml	4.0

**- COFFEE -**

White/Black	4
+ Soy	0.5
+ Almond/Oat	1
Batch Brew	4
Cold Brew	4.5
Pour Over	8

PLEASE REFER  
 TO THE  
*BlackBoard!*



SINGLE ORIGINS / BREWING METHODS / FILTER COFFEE

CHAI LATTE / CHAI TEA	4.5
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HOT CHOCOLATE / MOCHA	4.5
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TEA	4.5
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English breakfast
Earl Grey
Oolong
Jasmine
Lemongrass & ginger
Peppermint

ICED CHOCOLATE OR COFFEE	7.5
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**- SMOOTHIES -**

<b>GREEN</b> (v) Spinach, apple, celery, avocado, pear, cucumber, lemon juice, mint & coconut water	9.9
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**TROPICAL** (v) Mango, strawberry, banana & coconut water

**PB BANANA** (vo) Banana, peanut butter, oat milk, greek yoghurt, flax seeds & cinnamon

**MIXED BERRY** (v) Raspberry, blackberry, blueberry, strawberry & apple juice

**THE COOLER** (v) Watermelon, pineapple, banana, mint & lime juice

**- SHAKES -**

<b>CHOCOLATE VANILLA STRAWBERRY OREO CARAMEL</b>	7.9
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add malt +0.5

**- HOUSEMADE JUICE & SODAS -**

<b>FRESH JUICE</b>	8.5
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1. Carrot, celery, beetroot, lemon & ginger
2. Watermelon & passionfruit
3. Carrot, orange, ginger & turmeric
4. Fresh orange juice
5. Fresh apple juice

<b>SODA</b>	7.5
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1. V.P.L (vanilla bean, passionfruit & lime) & mint



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