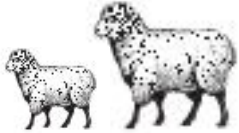


THREE BAGS FULL ALL DAY BREAKFAST



COBB LANE BAKERY TOAST (VGO) \$8

- Sourdough/multigrain
w butter, jam, PB, vegemite or marmalade
> Gluten free (add +\$1)
> Spiced fruit toast (add +\$2)

LITTLE BERTHA FREE RANGE EGGS on toast (GFO) \$12

Poached, Fried, Scrambled(+ \$1)

ADD EXTRA

- > Tomato relish/Extra toast \$2.5/each
- > One poached egg/Chipotle hollandaise \$3/each
 - > Spinach/Roast tomato \$4/each
 - > Mushroom/Avo smash/Meredith feta \$5/each
- > Parmesan & spring onion potato hash/Bacon/Halloumi/Snag/Sujuk
 - Lemon pepper chicken \$6/each
 - > Cured salmon \$7

THE KIDS ONLY (under 12yo) \$9

- > One egg any way on a toast with avocado or Bacon
- > French toast w berries, maple syrup & fairy floss (not GF)
 - > Cheese toastie
- > Porridge w Banana, blueberries and peanut butter

BACON EGG ROLL (GFO) \$14

Bacon, a fried egg, tomato relish and cheese on a toasted milk bun

BIRCHER MUESLI \$18

Oats, triticale, apricot, apple, almonds & elderflower pearls, honey labneh

BANANA BLUEBERRY PORRIDGE (VG) \$19

Malted oatmeal, banana jam, blueberries, banana & peanut praline, fresh banana, lemon balm

BLACK FOREST FRENCH TOAST (V) \$22

Chocolate chip & cinnamon twice-baked French toast, cherry compote, vanilla whipped crème fraiche, seasonal berries, chocolate soil, maraschino cherries, sorrel

BREKKIE TASTING BOARD (V) \$22

Bircher muesli jar, orange juice, avocado, Meredith feta & a poached egg on toast

- > Add bacon \$6

Sorry, no changes to this dish

MISO MUSHROOMS (GFO, V) \$24

Sauteed oyster, Swiss brown and Shimeji mushrooms, celeriac puree, miso butter, toasted hazelnuts, goats cheese, crispy Tuscan kale, a poached egg on sourdough toast

CHILLI SCRAMBLED EGGS (GFO) \$22

Fried chilli scrambled eggs on toast with soybeans, pickled shiitake mushrooms, crispy shallots, chilli threads, coriander & chilli oil

- > Add bacon \$6

THREE BAGS FULL ALL DAY BREAKFAST

SUPER BOWL (VG,GF) \$20

Mixed quinoa, cooked & raw greens, roast cauliflower, goji berries, cherry tomatoes, chia, toasted almonds, pickled sultanas, beetroot hummus

- > Add lemon pepper chicken \$6
- > Add bacon/halloumi/snag/sujuk \$6/each
- > Add cured salmon \$7

LOADED AVOCADO TOAST (VO,GFO) \$22

Smashed Avocado on 2 pieces of toast, heirloom cherry tomatoes, harissa pickled red onion, Meredith feta, smoked almond & pepita savoury granola, mint, preserved lemon oil

- > Add a poached egg \$3
- > Add bacon or halloumi \$6

PULLED PORK BENEDICT (GF) \$24

Smokey pulled pork shoulder on a house-made spring onion & parmesan potato hash, two poached eggs, red cabbage and apple slaw, crackling, chipotle hollandaise

TURKISH BREAKFAST (GFO) \$23

Çilbir eggs with toasted Turkish bread, sliced cucumber & tomato, green olives, pickled Turkish chillies, baba ganoush & dried fruit

- > Add sujuk/bacon/halloumi \$6/each
- *Sorry, no changes to this dish

BIG BREAKFAST (GFO) \$26

Eggs any way on toast, Three Bags snag, bacon, roast tomato, roast mushrooms, spinach & relish

- >Add parmesan & spring onion potato hash \$6

HOT FRIED CHICKEN SANDWICH \$26

Crispy thigh fillet with spicy seasoning, cheese, pickles and special sauce on a toasted milk bun with herb and garlic fries

12hr BRAISED LAMB SHANK (GFO) \$27

Middle eastern spiced braised lamb shank, carrot & confit garlic yoghurt, pearl cous cous, Shirazi salad, pickled turnip, orange blossom vinaigrette, charred flatbread

KOREAN CAULIFLOWER BOWL (VGO) \$22

Gochujang glazed fried cauliflower, steamed warm rice, kimchi, edamame, sesame kewpie, crispy shallots, pickled red cabbage, cucumber, nori, chilli crisp & ponzu dressing

HERB & GARLIC FRIES w Aioli \$8

INSTAGRAM @threebagsfullmelb

SORRY, NO CHANGE TO THE DISHES

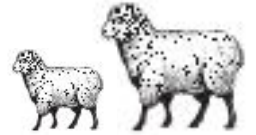
SORRY, NO SPLIT BILLS DURING THE WEEKEND OR PUBLIC HOLIDAYS

WE HAVE A 10% WEEKEND SURCHARGE & A 15% PUBLIC HOLIDAY SURCHARGE FOR STAFF PENALTY RATE

1.2% SURCHARGE APPLIES TO ALL CARD PAYMENTS

GF/GFO - GLUTEN FREE/GLUTEN FREE OPTION
V/VG/VGO - VEGETARIAN/VEGAN/VEGAN OPTION





COFFEE

By Five Senses

WHITE/BLACK \$4.5

- Large \$0.5, +Soy/Almond/Oat/Lactose Free \$1

MOCHA \$5

BATCH BREW \$5

COLD BREW \$6

POUR OVER \$9

HOT CHOCOLATE \$5

CHAI LATTE (FLY HIGH CHAI) \$5

STICKY CHAI TEA (BLACK/WHITE) \$7

HOJICHA LATTE (Roasted green tea with brown sugar) \$7

TURMERIC LATTE (w honey) \$5

TEA

By Larsen & Thompson \$5

EBT, Earl Grey, Yunnan Green, Lemongrass & Ginger, Peppermint

ICED COFFEE/ICED CHOCOLATE with ice cream \$8

FRESH JUICE \$9

1. Carrot, celery, beetroot, lemon & ginger
2. Apple, pear, mint, lime
3. Carrot, orange, ginger, turmeric
4. Fresh orange juice or apple juice

MILK SHAKE \$9

CHOCOLATE/VANILLA/STRAWBERRY/OREO/SALTED CARAMEL

Add malt +0.5

SMOOTHIE

MIXED BERRY (VG) \$10

Raspberry, blackberry, blueberry, strawberry, apple juice

GREEN (VG) \$12

Spinach, apple, celery, avocado, pear, cucumber, lemon, mint and coconut water, maple syrup

PURPLE (VGO) \$12

Blueberry, banana, pineapple, flaxseeds, yoghurt, honey, oat milk

TROPICAL (VG) \$11

Mango, strawberry, banana & coconut water

PB BANANA (VGO) \$12

Banana, PB, yoghurt, honey, flaxseeds, cinnamon, oat milk

ALCOHOL

WINE

Prosecco \$9.5/42

Zonte's Footstep, SA

Rose \$9.0/40

Bouchard Aine & Fils, France

Sauvignon Blanc \$9.0/40

Muna Muna, Marlborough, NZ

Pinot Gris \$9.0/40

Little Goat Creek, Marlborough, NZ

Pinot Noir \$12/45

Lerida Estate, NSW

Shiraz \$9.5/42

Spring Seed Wine co., McLaren Vale, SA

BEER & CIDER

Mountain Goat - Lager \$11

Stone & Wood - Pacific Ale \$11

Cider \$9

COCKTAILS

TBF Bloody Mary \$15

Vodka & Three Bags spicy tomato juice

Mimosa/Passionfruit Mimosa \$12

Prosecco & orange juice

Espresso Martini \$15

Absolut vanilla vodka, Kahlua

& Specialty espresso

Aperol Spritz \$15

Prosecco, Aperol, Orange & Soda

Limoncello Spritz \$15

Prosecco, Limoncello, Lemon & Soda

SOFT DRINKS

REMEDY KUMBUCHA \$6

ginger & lemon, raspberry lemonade, wild berry, mango & passionfruit

KARMA ORGANIC CARBONATES \$5

Cola, cola sugar free, lemonade, ginger ale, lemon lime bitter

Beloka still water (500ml) \$4

Beloka sparkling water (500ml) \$5

INSTAGRAM @threebagsfullmelb

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